



2019 Menu

W1	MONDAY 3	TUESDAY 4	WEDNESDAY 5	THURSDAY 6	FRIDAY 7
B	Milk & Cornflakes	FITR (to be confirmed)	FITR (to be confirmed)	Thyme Sandwich + Tomato	Pain Au Lait (Cheese)
L	Cheese Pasta			Daoud Basha + Rice	Borghoul B Banadoura + Yogurt
S	Apple			Custard	Cake

W2	MONDAY 10	TUESDAY 11	WEDNESDAY 12	THURSDAY 13	FRIDAY 14
B	Milk & Cornflakes	Labneh Sandwich + Tomato	Cheese Sandwich + Cucumber	Croissant	Pain Au Lait (Thyme)
L	Mehcheh Malfouf + Yogurt	Stuffed Potato + Salad	Chicken Nouille	Kebbe B Laban + Rice	Loubyeh B Zeit + Rice
S	Cake	Apple	Biscuits	Melon	Banana

W3	MONDAY 17	TUESDAY 18	WEDNESDAY 19	THURSDAY 20	FRIDAY 21
B	Milk & Cornflakes	Cheese Sandwich + Tomato	Thyme Sandwich + Cucumber	Croissant	Pain Au Lait (Labneh)
L	Green Peas Stew + Rice	Lasagna	Chicken + Potato + Rice	Mehcheh Zucchini + Yogurt	Mjadara + Salad
S	Jell-O	Nectarine	Cake	Banana	Apple

W4	MONDAY 25	TUESDAY 26	WEDNESDAY 27	THURSDAY 28	FRIDAY 29
B	Milk & Cornflakes	Thyme Sandwich + Tomato	Labneh Sandwich + Cucumber	Croissant	Pain Au Lait (Cheese)
L	Vegetable Stew + Rice	Kafta + Potato + Rice	Pasta Bolognese + Salad	Kebbe B Sayniye + Yogurt	Borghoul B Chaayrieh +Yogurt
S	Cake	Apple	Meghle	Melon	Biscuits