




# 2019 Menu

| W1 | MONDAY 31   | TUESDAY 1   | WEDNESDAY 2   | THURSDAY 3         | FRIDAY 4                    |
|----|---|---|---|--------------------|-----------------------------|
| B  | <b>NEW YEAR</b>  | <b>NEW YEAR</b>  | <b>NEW YEAR</b>  | Milk & Cornflakes  | Pain au Lait (Thyme)        |
| L  |   |   |   | Daoud Basha + Rice | Bourghol B Banadoura+Yogurt |
| S  |   |   |   | Apple              | Banana                      |

| W2 | MONDAY 7             | TUESDAY 8                | WEDNESDAY 9               | THURSDAY 10       | FRIDAY 11             |
|----|----------------------|--------------------------|---------------------------|-------------------|-----------------------|
| B  | Milk & Cornflakes    | Labneh Sandwich + Tomato | Thyme Sandwich + Cucumber | Croissant         | Pain au Lait (Labneh) |
| L  | Zucchini Stew + Rice | Chicken + Potato + Rice  | Pasta Bolognese + Salad   | Beans Stew + Rice | Rechta B Adas         |
| S  | Cake                 | Banana                   | Biscuits                  | Apple             | Jell-O                |

| W3 | MONDAY 14             | TUESDAY 15               | WEDNESDAY 16             |  | FRIDAY 18             |
|----|-----------------------|--------------------------|--------------------------|---|-----------------------|
| B  | Milk & Cornflakes     | Cheese Sandwich+Cucumber | Labneh Sandwich + Tomato |   | Pain au Lait (Cheese) |
| L  | Vegetable Stew + Rice | Kafta + Potato + Rice    | Chicken Nouille + Salad  |   | Makhlouta             |
| S  | Apple                 | Cake                     | Banana                   | Biscuits  |                       |

| W4 | MONDAY 21                | TUESDAY 22             | WEDNESDAY 23              | THURSDAY 24              | FRIDAY 25             |
|----|--------------------------|------------------------|---------------------------|--------------------------|-----------------------|
| B  | Milk & Cornflakes        | Thyme Sandwich+ Tomato | Cheese Sandwich+ Cucumber | Croissant                | Pain au Lait (Labneh) |
| L  | Mehche Zucchini + Yogurt | Lasagna + Salad        | Beans Stew + Rice         | Kebbe B Sayniye + Yogurt | Mjadara + Salad       |
| S  | Banana                   | Custard                | Apple                     | Biscuits                 | Banana                |

| W5 | MONDAY 28              | TUESDAY 29               | WEDNESDAY 30              | THURSDAY 31       | FRIDAY 1 FEBRUARY    |
|----|------------------------|--------------------------|---------------------------|-------------------|----------------------|
| B  | Milk & Cornflakes      | Cheese Sandwich + Tomato | Labneh Sandwich+ Cucumber | Croissant         | Pain au Lait (Thyme) |
| L  | Green Peas Stew + Rice | Loubyeh B Zeit + Rice    | Kebbe B Laban + Rice      | Mloukhiyeh + Rice | Cheese Pasta + Salad |
| S  | Apple                  | Jell-O                   | Banana                    | Biscuits          | Apple                |