



2019 Menu

W1	MONDAY 28	TUESDAY 29	WEDNESDAY 30	THURSDAY 31	FRIDAY 1 FEBRUARY
B	Milk & Cornflakes	Cheese Sandwich + Tomato	Labneh Sandwich+Cucumber	Croissant	Pain Au Lait (Thyme)
L	Green Peas Stew + Rice	Loubyeh B Zeit + Rice	Kebbe B Laban + Rice	Mloukhiyeh + Rice	Cheese Pasta + Salad
S	Apple	Jell-O	Banana	Biscuits	Apple

W2	MONDAY 4	TUESDAY 5	WEDNESDAY 6	THURSDAY 7	FRIDAY 8
B	Milk & Cornflakes	Labneh Sandwich + Tomato	Zaatar Sandwich + Cucumber	Croissant	Pain Au Lait (Cheese)
L	Vegetables Stew + Rice	Kafta & Potato + Rice	Chicken Nouille + Salad	Kebbe B Sayniye + Yogurt	Bourghol B Banadoura + Yogurt
S	Cake	Apple	Biscuits	Banana	Cake

W3	MONDAY 11	TUESDAY 12	WEDNESDAY 13	THURSDAY 14	FRIDAY 15
B	Milk & Cornflakes	Thyme Sandwich + Tomato	Cheese Sandwich +Cucumber	Rafic Hariri Memorial Day	Pain Au Lait (Labneh)
L	Green Peas Stew +Rice	Mehcheh Malfouf + Yogurt	Loubyeh B Zeit + Rice		Mjadara + Salad
S	Apple	Banana	Custard		Cake

W4	MONDAY 18	TUESDAY 19	WEDNESDAY 20	THURSDAY 21	FRIDAY 22
B	Milk & Cornflakes	Cheese Sandwich + Tomato	Labneh Sandwich+Cucumber	Croissant	Pain Au Lait (Thyme)
L	Pasta Bolognese + Salad	Chicken + Rice + Yogurt	Stuffed Potato + Salad	Kebbe B Laban + Rice	Makhlouta
S	Banana	Jell-O	Apple	Banana	Biscuits

W5	MONDAY 25	TUESDAY 26	WEDNESDAY 27	THURSDAY 28	FRIDAY 1 MARCH
B	Milk & Cornflakes	Labneh Sandwich+Tomato	Thyme Sandwich+Cucumber	Croissant	Pain Au Lait (Cheese)
L	Mehche Zucchini + Yogurt	Daoud Basha + Rice	Lazagna + Salad	Vegetable Stew + Rice	Rechta B Adas
S	Apple	Cake	Mhallabiye	Biscuits	Banana