



DECEMBER

2019 Menu

W1	MONDAY 2	TUESDAY 3	WEDNESDAY 4	THURSDAY 5	FRIDAY 6
B	Milk & Cornflakes	Labneh Sandwich + Tomato	Cheese Sandwich+Cucumber	Croissant	Pain Au Lait (Thyme)
L	Pasta Bolognese + Salad	Kebbe B Sayniyeh + Yogurt	Loubyeh B Zeit + Rice	Mehcheh Zucchini + Yogurt	Rechta B Adas
S	Biscuits	Apple	Banana	Chocolate Pudding	Apple

W2	MONDAY 9	TUESDAY 10	WEDNESDAY 11	THURSDAY 12	FRIDAY 13
B	Milk & Cornflakes	Thyme Sandwich + Tomato	Labneh Sandwich+Cucumber	Croissant	Pain Au Lait (Cheese)
L	Mehcheh Malfouf + Yogurt	Chicken Nouille	Stuffed Potato + Salad	Kafta & Potato + Rice	Borghoul B Chaayriyeh + Yogurt
S	Banana	Jell-O	Apple	Banana	Cake

W3	MONDAY 16	TUESDAY 17	WEDNESDAY 18	THURSDAY 19	FRIDAY 20
B	Milk & Cornflakes	Cheese Sandwich + Tomato	Thyme Sandwich +Cucumber	Croissant	Pain Au Lait (Labneh)
L	Vegetable Stew + Rice	Kebbe B Laban + Rice	Chicken & Rice + Yogurt	Lasagna	Makhlouta
S	Custard	Apple	Banana	Cookies (Activity)	Apple

W4	MONDAY 23	TUESDAY 24	WEDNESDAY 25	THURSDAY 26	FRIDAY 27
B	Milk & Cornflakes				Pain Au Lait (Thyme)
L	Green Peas Stew + Rice				Mjaddara + Salad
S	Apple				Banana

W5	MONDAY 30	TUESDAY 31	WEDNESDAY 1 JANUARY	THURSDAY 2 JANUARY	FRIDAY 3 JANUARY
B	Milk & Cornflakes	NEW YEAR	NEW YEAR	NEW YEAR	Pain Au Lait (Cheese)
L	Daoud Basha + Rice				Borghoul B Banadoura + Yogurt
S	Banana				Apple