



2019 Menu

W1	MONDAY 1	TUESDAY 2	WEDNESDAY 3	THURSDAY 4	FRIDAY 5
B	Milk & Cornflakes	Thyme Sandwich + Tomato	Labneh Sandwich + Cucumber	Croissant	Pain Au Lait (Cheese)
L	Mehcheh Zucchini + Yogurt	Lasagna	Chicken + Potato + Rice	Kebbe B Sayniyeh + Yogurt	Rechta B Adas
S	Banana	Apple	Biscuits	Jell-O	Cake

W2	MONDAY 8	TUESDAY 9	WEDNESDAY 10	THURSDAY 11	FRIDAY 12
B	Milk & Cornflakes	Labneh Sandwich + Tomato	Cheese Sandwich + Cucumber	Croissant	Pain Au Lait (Thyme)
L	Pasta Bolognese	Loubyeh B Zeit + Rice	Mehcheh Malfouf + Yogurt	Kafta + Potato + Rice	Cheese Pasta
S	Apple	Biscuits	Banana	Custard	Cake

W3	MONDAY 15	TUESDAY 16	WEDNESDAY 17	THURSDAY 18	FRIDAY 19
B	Milk & Cornflakes	Cheese Sandwich + Tomato	Thyme Sandwich + Cucumber		
L	Green Peas Stew + Rice	Chicken Nouille	Stuffed Potato + Salad		
S	Banana	Cake	Apple		

W4	MONDAY 22	TUESDAY 23	WEDNESDAY 24	THURSDAY 25	FRIDAY 26
B		Milk & Cornflakes	Labneh Sandwich + Tomato	Cheese Sandwich + Cucumber	
L		Vegetable Stew + Rice	Kebbe B Laban + Rice	Mjadara + Salad	
S		Mhallabiye	Apple	Banana	

W4	MONDAY 29	TUESDAY 30	WEDNESDAY 1 MAY	THURSDAY 2 MAY	FRIDAY 3 MAY
B		Milk & Cornflakes		Croissant	Pain Au Lait (Thyme)
L		Daoud Basha + Rice		Chicken + Rice + Yogurt	Makhlouta
S		Apple		Banana	Biscuits