




2018 Menu

W1	MONDAY 1	TUESDAY 2	WEDNESDAY 3	THURSDAY 4	FRIDAY 5
B	Milk & Cornflakes	Thyme Sandwich +Cucumber	Milk & Cornflakes	Cheese Sandwich + Tomato	Milk & Cornflakes
L	Zucchini Stew + Rice	Chicken & Potato + Rice	Pasta Bolognese + Salad	Beans Stew + Rice	Borghoul B Banadoura+ Yogurt
S	Banana	Biscuits	Apple	Jell-o	Cake

W2	MONDAY 8	TUESDAY 9	WEDNESDAY 10	THURSDAY 11	FRIDAY 12
B	Milk & Cornflakes	Labneh Sandwich + Cucumber	Milk & Cornflakes	Thyme Sandwich + Tomato	Milk & Cornflakes
L	Vegetable Stew + Rice	Kafta + Potato + Rice	Chicken Nouille + Salad	Kebbe B Sayniye + Yogurt	Mjadara + Salad
S	Apple	Banana	Mhalabiye	Cake	Biscuits

W3	MONDAY 15	TUESDAY 16	WEDNESDAY 17	THURSDAY 18	FRIDAY 19
B	Milk & Cornflakes	Cheese Sandwich + Cucumber	Milk & Cornflakes	Labneh sandwich + Tomato	Milk & Cornflakes
L	Mloukhiyeh + Rice	Green Peas Stew + Rice	Pasta Bolognese + Salad	Mehcheh Malfouf+ Laban	Makhlouta
S	Banana	Apple	Biscuits	Apple	Banana

W4	MONDAY 22	TUESDAY 23	WEDNESDAY 24	THURSDAY 25	FRIDAY 26
B	Milk & Cornflakes	Thyme Sandwich + Cucumber	Milk & Cornflakes	Cheese Sandwich + Tomato	Milk & Cornflakes
L	Chicken + Rice + Yogurt	Stuffed zucchini+ Yogurt	Stuffed Potato + Salad	Kebbe B Laban + Rice	Cheese Pasta+ Salad
S	Apple	Chocolate Pudding	Banana	Biscuits	Apple

W5	MONDAY 29	TUESDAY 30	WEDNESDAY 31	THURSDAY 1 November	FRIDAY 2 November
B	Milk & Cornflakes	Labneh Sandwich + Cucumber	Milk & Cornflakes		Milk & Cornflakes
L	Loubyeh B Zeit+ Rice	Daoud Basha + Rice	Lazagna + Salad		Rechta B Adas
S	Banana	Apple	Banana		Apple